

coverage that keeps up  
with you – get **Plan F Extra.**

Get more benefits when you  
enroll in our newest Medicare  
Supplement Plan F Extra!

Get all the coverage and perks  
that come with our Medicare  
Supplement Plan F, *plus* vision,  
hearing aids and your own  
emergency alert device –  
included in your plan.



Learn more or enroll today.  
Call **(855) 217-1525**  
**[TTY: 711]**, 8 a.m. to 8 p.m.,  
Monday – Friday.

<sup>1</sup> Plan F Extra monthly rates are less than Blue Shield's Plan F monthly rates for ages 65-80.

<sup>2</sup> Comprehensive vision benefits include eye exam, frames, eyeglass lenses and contact lenses that are not covered by Original Medicare.

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Blue Shield of California is an independent member of the Blue Shield Association.

get more  
with Blue Shield



**Medicare Supplement  
Plan F Extra**

including

 Vision

 Hearing Aids

 Personal Emergency  
Response System

blue  
california 

# Medicare Supplement Plan F Extra

Vision benefits, hearing aids, and personal emergency alert device



## See things differently

Open your eyes to added coverage without added costs.<sup>1</sup> Comprehensive vision benefits are included in Plan F Extra.<sup>2</sup> Get the savings and eye care you can depend on:

- Annual eye exam
- Frames (once every 24 months)
- Eyeglass lenses or contact lenses (once every 12 months)



## Hear things more clearly

If you're having a hard time hearing conversations, take advantage of hearing aid benefits, which include an annual hearing exam and access to Vista brand digital hearing aids for great savings.

- Mid- or premium-level technology
- Auto sound control with lifestyle listening enhancements
- 3-year extended warranties on repairs and loss and damage
- 2-year battery supply



## Get help in an emergency

At home or on the go, a personal emergency alert device can be a lifesaver. Get help 24/7 with just the push of a button. Choose the option that works best for you:

- **In-home landline:** Works with your home telephone service
- **In-home cellular:** Works with your cell phone to get help whether you're home or away
- **Mobile with GPS:** Identifies where you are when you need help


### Compare our Plan F Extra to our regular Plan F:

Blue Shield Medicare Supplement	Plan F	Plan F Extra
Medicare Parts A & B deductibles	✓	✓
100% Medicare Part B excess charges	✓	✓
Hospitalization and skilled nursing facility care	✓	✓
NurseHelp 24/7 <sup>SM</sup>	✓	✓
SilverSneakers <sup>®</sup> fitness program	✓	✓
<b>New!</b> Comprehensive vision benefits <sup>2</sup>		✓
<b>New!</b> Hearing aid benefits		✓
<b>New!</b> Emergency alert device		✓

✓ = coverage included

Get the coverage that keeps up with your life – and your health care needs. Make [Medicare Supplement Plan F Extra](#) your choice.

Enroll today!

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8 a.m. to 8 p.m., Monday – Friday