

Get more with Blue Shield

Choose Medicare Supplement **Plan F Extra with comprehensive vision benefits**, and a whole lot more – only from Blue Shield of California.

Routine eye care isn't covered under Original Medicare. Until now, people with Medicare Supplement plans had to purchase separate vision coverage, pay for the care out-of-pocket, or go without. We've got a better way.



Here's what's covered

Plan F Extra includes **comprehensive vision benefits** that protect your eyesight and saves you money on routine eye care:

- Annual eye exam
- Frames (once every 24 months)
- Eyeglass lenses or contact lenses (once every 12 months)

Compare our Plan F Extra to our regular Plan F:

Blue Shield Medicare Supplement	Plan F	Plan F Extra
Medicare Parts A & B deductibles	~	~
100% Medicare Part B excess charges	✓	~
Hospitalization and skilled nursing facility care	✓	~
NurseHelp 24/7 sm	✓	~
SilverSneakers® fitness program	✓	~
New! Comprehensive vision benefits ¹		~
New! Hearing aid benefits		~
New! Emergency alert device		•

✓ = coverage included

over, please.



Enroll today

The rewards of affordable routine vision care are clear. And now they're yours when you enroll in Plan F Extra.

Get more with Blue Shield. Protect your vision the same way you protect your health – and rely on quality eye care coverage.



Contact an authorized Blue Shield agent at **(888) 510-8024 [TTY: 711]** 8 a.m. to 8 p.m., Monday – Friday.

Tivity Health and SilverSneakers are registered trademarks or trademarks of Tivity Health, Inc. and/or its subsidiaries and/or affiliates in the USA and/or other countries. ©2018. All rights reserved.

NurseHelp 24/7 is a service mark of Blue Shield of California. Blue Shield and the Shield symbol are registered trademarks of the BlueCross BlueShield Association, an association of independent Blue Cross and Blue Shield plans.

Blue Shield of California complies with applicable state laws and federal civil rights laws, and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability. Blue Shield of California cumple con las leyes estatales y las leyes federales de derechos civiles vigentes, y no discrimina por motivos de raza, color, país de origen, ascendencia, religión, sexo, estado civil, género, identidad de género, orientación sexual, edad ni discapacidad. Blue Shield of California 遵循適用的州法律和聯邦公民權利法律,並且不以種族、膚色、原國籍、血統、宗教、性別、婚姻 狀況、性別認同、性取向、年齡或殘障為由而進行歧視。

Blue Shield of California is an independent member of the Blue Shield Association.

¹Comprehensive vision benefits include eye exam, frames, eyeglass lenses and contact lenses that are not covered by Original Medicare.

²Human Capital Management Services Group, February 2014.